



THE GREEN THUMB

Jasmine's Gardens | Quarterly Newsletter

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- Hygge
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Winter equals “Hygge”

Pronounced “hoo-ga”, this Danish word encompasses how the Danes survive their harsh winters—with grace, comfort, and joy. Hygge is all about “creating cozy and convivial atmospheres that promote

wellbeing”. Even Mother Nature takes time to rest. So grab a warm cuppa, your favorite book, and cozy up by the fire. Make time for the simple pleasures of life.



Property of: Erin & Josh Disher
Todd, NC | 2018

Autumn...fell hard!

We have never experienced a fall as we did this year. The weather made for wet, heavy piles of leaves that proved to be more difficult (& expensive) to deal with than in the past.

Some clients had space on their property for these leaf mounds, while others did not. For those of you who lacked space, may we suggest a less stressful alternative—Woodlands.

Creating a woodland on your property not only takes care of the issue of “Where to put all of the leaves?”, but is also healthier for the environment, as well as your pocket book!

“In the depth of winter, I finally learned that there was in me an invincible summer.”

~ Albert Camus

Benefits of woodlands

- ◆ Purifies air & water
- ◆ Reduces flood risk & erosion
- ◆ Gives shelter & privacy
- ◆ Provides noise & wind reduction
- ◆ Enhances humus (soil health)
- ◆ Contributes to emotional wellness
- ◆ Houses a diversity of species



Property of: Beirne Donaldson &
Wood Huntley | 2018



Lastly, we want to express a heartfelt thanks to all of our wonderful clients this year. You inspire us daily to continue to do our best and provide you with high-quality services year after year. We are thankful for your patience and loyalty.

Wishing you a joyful holiday season!

Jasmine, David, Erin, & crew